

INSTRUCTIONS & GUIDELINES FOR PEDIATRICS

Please read the following instructions regarding your child's anesthesia care. Careful adherence to these instructions will allow us to provide the safest care as possible.

REQUIRED STEPS:

1. **Fill out and return the New Patient InTake Form:** This information allows us to develop a plan that is most appropriate for your child's needs. Even if you still have questions regarding anesthesia, we will be able to better answer your questions with this information. This form can be found on our website, under the tab "Payments and Forms." Your dental office may also provide you with a hard copy. It can be returned to your dental office, or directly to us via email attachment to info@carepointanesthesia.com or fax directly to us at (720) 606-4220. If you have already conducted a telephone interview with us, you may simply bring the form to your appointment.
2. **Review the Consent for Dental Anesthesia Services Form:** You may choose to sign and return the form to us with your child's health history, or you may sign it on the day of treatment.
3. **Complete the Phone Interview:** We will conduct a telephone interview to confirm the appointment, review your child's health history, financial arrangement, and pre-anesthesia instructions. It is imperative that we are able to conduct this phone interview prior to the day of treatment to ensure the patient's safety. If you have not received a phone call from us and your appointment is within two (2) weeks, please contact our office at (720) 606-4220.

FINANCIAL INFORMATION:

Upon satisfactory review of your child's health history, you will be directed to our website to submit payment for the dental anesthesia service.

- CarePoint does **NOT ACCEPT** insurance. Upon request and full payment of your account, we can provide you with a reimbursement claim form that you may submit directly to your insurance company. We do not guarantee that you will receive reimbursement from your insurance company. Please contact your insurance company directly, for any questions regarding your coverage, their payment policies, and reimbursement procedures.
- CarePoint accepts Health First Colorado (Medicaid) as the only exception to this policy.

OTHER IMPORTANT INFORMATION:

- Please read the attached "Pre-Anesthesia Instructions for Pediatrics" and follow the instructions explicitly. Violation of any of these instructions or other specific instructions from your anesthesiologist may result in the cancellation of your child's appointment and forfeiture of your deposit.
- Please arrive promptly the day of your child's procedure. We will be conducting a thorough physical examination that consists of airway examination, listening to the heart and lung sounds, and general evaluation. It is important that we have enough time to complete this pre-anesthesia examination.

PRE-ANESTHESIA INSTRUCTIONS FOR PEDIATRICS

We are here to provide a comfortable experience before, during, and after your child's treatment. These rules and instructions are put in place with your child's safety and well-being in mind. Please do not hesitate to contact us with any questions or concerns you may have.

These instructions are designed for your child's comfort and protection. Neglecting any of the following may lead to your child's case being rescheduled or cancelled.

- **FASTING GUIDELINES:**

Nothing to eat or drink 8 hours before your scheduled appointment time (appointment time will be given to you by your dental office).

- **ESCORT:** All sedation and anesthesia patients must be accompanied to and from the appointment by a responsible adult. The responsible adult should remain in the office during the appointment unless authorized by the practitioner. The patient must be driven home by the responsible adult (public transportation or cabs are not acceptable).
- **CLOTHING AND MAKE-UP:** Casual and comfortable clothing, with short sleeves, and in two (2) pieces are recommended for easier and more effective placement of monitors. Contact lenses must be removed before the appointment. Facial piercings must also be removed prior to the surgery. Do not have your child wear fingernail polish or use moisturizer on your child's trunk and arms on the day of the appointment.
- **CHANGE IN HEALTH:** A change in your child's health, especially the development of a cold or fever, is very important. For your child's safety, you may be re-scheduled for another day. Please inform the doctor of any change in your child's health prior to your appointment.

Should you have any questions or concerns, please call our office at (720) 606-4220. If your questions are about your dental care, please contact your dentist directly.

POST-OPERATIVE INSTRUCTIONS FOR PEDIATRICS

Following these instructions will help ease your child's recovery following dental treatment under IV sedation/general anesthesia.

1. A responsible adult should drive your child home and remain with your child, under direct supervision, until he/she is fully alert.
2. It is normal to feel tired, forgetful, and groggy after anesthesia. Your child's judgement and mental acuity will be impaired. Have them relax for the remainder of the day.
3. After surgery, your child may experience minor discomfort throughout the day. He/she may have bruising and tenderness at the site of the IV, or a sore throat. This is short-lived and should not cause alarm.
4. The local anesthesia (numbing medication) administered during your child's surgery normally lasts for 4-6 hours, and it's important to take measures to control the discomfort before it wears off. Alternate taking Tylenol and Ibuprofen every 4-6 hours to manage pain control.
5. Nausea and vomiting are common after surgery. To minimize symptoms, have your child lie down, and avoid dairy products.
6. Your child's diet should include clear liquids only for the first several hours after surgery (water, apple juice, ginger ale, Gatorade, etc.). Fluids are important to prevent dehydration. Your child's first meal should consist of soft foods (soup, Jell-O, mashed potatoes, etc.) in moderate quantity. Once this is tolerated, he/she may gradually advance their diet to solid foods. If your child is diabetic, maintain his/her normal diet as much as possible, and follow the doctor's instructions regarding their insulin schedule.

Please call our office immediately at (720) 606-4220, if your child develops any unexpected reactions. Call your anesthesiologist (see below) if your IV site becomes red and tender, if vomiting persists beyond 4 hours, if you develop a fever beyond 24 hours, or if any other matter related to your anesthetic causes concern.

* Dr Josh Jackstien: 801-550-4309 (Se habla español)

* Dr Celine Taller: 908-803-4880

* Dr Kris Smith: 303-881-4757

* Dr Sheila Aryana: 720-333-1681