



CarePoint Anesthesia

8301 E Prentice Avenue, Suite 215
Greenwood Village, CO 80111
Phone (720) 606-4220
Fax (720) 606-4221
info@carepointanesthesia.com
www.carepointanesthesia.com

Instructions and Guidelines for Pediatric Patients

Please read the following instructions regarding your anesthesia care. Careful adherence to these instructions will allow us to provide the safest care possible.

Required Steps

1. Fill out and return the Registration and Health History forms. This information allows us to develop a plan that is most appropriate for your needs. Even if you still have questions regarding anesthesia, we will be able to better answer your questions with this information. The form can be found under the 'Payments and Forms' tab on our website. Your dental office may also provide a hard copy. It can be returned to your dental office or directly to us via email info@carepointanesthesia.com or fax [\(720.606.4221\)](tel:720.606.4221). If you have already conducted a telephone interview with us, you may simply bring the form to your appointment.
2. Review the Consent for Treatment. You may choose to sign and return the form to us with your health history or you may sign on the day of treatment.
3. Complete the phone interview. We will conduct a telephone interview to confirm the appointment, review health history, financial arrangement, and pre-anesthesia instructions. It is imperative that we are able to conduct this phone interview prior to the day of treatment to ensure the patient's safety. If you have not received a phone call from us within two business days of setting up your appointment, please contact our office at (720) 606-4220.

Financial information

Upon satisfactory review of your health history, you will be directed to our website to submit a non-refundable deposit to secure your scheduled appointment time. This deposit is \$300 for pediatric patients and \$500 for adults. *The remaining balance is due on the day of the procedure.*

- CarePoint does **NOT** accept insurance. Upon request, we can provide you with a reimbursement claim form that you may submit directly to your insurance company. We do not guarantee that you will receive reimbursement from your insurance company. Please contact your insurance company directly, for any questions regarding your coverage, their payment policies, and reimbursement procedures.
- CarePoint accepts Colorado Medicaid as the only exception to this policy.

Other important information

Read the attached Pre Anesthesia Instruction form and follow the instructions explicitly. Violation of any of these instructions or other specific instructions from your anesthesiologist may result in the cancellation of your appointment and forfeiture of your deposit.

Please arrive promptly the day of your procedure. We will be conducting a thorough physical examination that consists of airway examination, listening to heart and lung sounds and general evaluation. It is important we have enough time to complete this pre anesthetic examination.

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We are here to provide a comfortable experience before, during and after your treatment. These rules and instructions are put in place with your safety and wellbeing in mind. Please do not hesitate to contact us with any questions or concerns you may have.

PRE-ANESTHESIA INSTRUCTIONS FOR PEDIATRIC PATIENTS

These instructions are designed for your comfort and protection. Neglecting any of the following may lead to your case being postponed or cancelled.

Fasting Guidelines:

Appointments Before 11:59 a.m.

- Nothing to eat or drink beginning 8 hours prior to anesthesia
- May take medication with a **small** sip of water

Appointments After 11:59 a.m.

- Nothing to eat or drink beginning 8 hours prior to anesthesia
- May drink water or Sprite **only** up until 4 hours prior to anesthesia
- May take medication with a **small** sip of water

Escort: All sedation and anesthesia patients must be accompanied to and from the appointment by a responsible adult. The responsible adult should remain in the office during the appointment unless authorized by the practitioner. The patient must be driven home by the responsible adult (public transportation or cabs are unacceptable).

Clothing and makeup: Casual and comfortable clothing, with short sleeves, and in two pieces, is recommended for easier and more effective placement of monitors. Contact lenses must be removed before the appointment. Facial piercings must also be removed prior to the surgery. Do not wear fingernail polish or use moisturizer on your trunk and arms on the day of the appointment. For children, a change of clothes is recommended.

Change in health: A change in your health, especially the development of a cold or fever, is very important. For your safety, you may be re-appointed for another day. Please inform the doctor of any change in your health prior to your appointment.

After surgery and anesthesia, please be prepared to have a responsible adult caregiver for the remainder of the day. Rest at home and avoid driving, hazardous tasks, making any important decisions, and working for at least 24 hours.

Questions or concerns: call our office at (720) 606-4220. If your questions are about dental care, please call your dentist.

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POST OPERATIVE INSTRUCTIONS FOR PEDIATRIC PATIENTS UNDERGOING GENERAL ANESTHESIA

Your child has undergone general anesthesia in addition to dental procedures today. Please read and follow the instructions listed below for the remainder of the day to maximize safety for your child.

1. Do not leave your child alone, even for a moment, for the next 6 to 8 hours. The medication your child has received today may continue to have lasting effects THAT MAY VARY for this time period. Although your child has met adequate discharge criteria before leaving the dental office, occasionally factors such as food intake, changes in environmental stimulation, resolution of pain and other factors may cause your child to be somewhat sleepy or uncoordinated. Check on your child often if he/she falls asleep. It is normal for a child to want to rest for the remainder of the day, however, it is important to be extra attentive that your child's head position facilitates ease of breathing. This means your child's chin should not be dropped down to the chest, as this may obstruct the airway.
2. Do not allow your child to participate in physically demanding activities (sports, etc.). Although your child may appear to be fully awake and alert and requesting to participate in such activities, coordination and the ability to react and respond during physical activity may continue to be impaired and lead to unintended injuries.
3. It is recommended that clear liquids are given or offered as soon as possible as your child requests and tolerates it. Other liquids and food should be advanced as the child tolerates it. Sometimes your child may vomit or become nauseous as food and liquid are given – this is why it is important to start to clear liquids first to ensure they can tolerate the next level of intake. Encourage as much fluid intake as possible throughout the day as this will help your child recover from the medications he or she has received. IT IS IMPORTANT THAT YOUR CHILD NOT BECOME DEHYDRATED. The lasting effects of the medications combined with a state of dehydration is a dangerous situation.
4. Pain control strategies will have been discussed prior to discharge. It is important to follow these instructions carefully. Typically, over the counter acetaminophen (Tylenol) or ibuprofen (Motrin, Advil) are okay to consume as directed by the manufacturers recommendations as needed for pain.
5. As long as your child's mouth is still numb from the local anesthetic you should not give hot beverages or hard food. Similarly, watch for lip/cheek/tongue biting or picking around the mouth. The patient may not feel that s/he is traumatizing the tissues of the mouth and an ulcer could develop. The numbness generally lasts 3-4 hours.

Please call our 24 hour number if any of the following are observed:

1. Your child still appears sleepy and lethargic and 'not normal self' after 6 hours
2. Persistent nausea or vomiting (vomiting once or twice is normal, but extended bouts of vomiting is not normal)
3. Your child begins to behave strangely
4. There is persistent, excessive bleeding
5. Your child develops a high fever (above 100 degrees F) or rash
6. Your child continues to experience pain that is not relieved by over the counter medication

CALL 911 IMMEDIATELY if you observe the following:

1. Your child is unresponsive – unable to be awakened or will not follow commands
2. Your child has difficulty breathing
3. Your child has a seizure
4. IF YOU ARE CONCERNED ABOUT THE IMMINENT SAFETY OF YOUR CHILD

Our 24 hour numbers are listed below. Do not hesitate to call if you have any questions regarding the safety of your child.

CarePoint Anesthesia Group:

Dr. Jackstien (720) 606-4220 ext 3 (Espanol)

Dr. Yen (720) 606-4220 ext 4

Dr. Smith (720) 606-4220 ext 6

Dr. Croft (720) 606-4220 ext 7

Dr. Moezzi (720) 606-4220 ext 8 (Espanol)

Dr. Mendoza (720) 606-4220 ext 10

Dr. Rees (720) 606-4220 ext 12